

Be the ***NEW YEARS BIGGEST LOSER***
LOOK FINE, FEEL FINE IN 2009

FREE Nutrition Classes / Weight Loss Challenge
Where you learn **PROPER** Nutrition

LEARN

to improve your health the healthy way

Lose the extra pounds

Get your energy back

And just feel good about your self

You will receive:

- **Your own personal coach**
- **FREE body analysis**
- **Group support and much, much more!**



Donna (above) age 70 has lost 30 lbs and gone from a size 22 to a 16 and has been able to get her diabetes under control.

Shelly from Action Gas has lost 44 lbs & gone from a size 22 to a 16 in 3 months and feels better then she has in a long time.

Angie lost 90 lbs in 9 months and then went on to be a 100 lbs loser.

Everyone WELCOME

Call to Pre Register or for more information

Jackie 575-423-3267 or 575-491-2859

Classes

Socorro Thursday Jan.8, 09 / 5:30 PM / Action Gas

Magdalena Tuesday Jan 6, 09 / 5:30 PM /102 South Main

The Way Fitness Center